



Itala  
Foundation

# FUN PICNIC

# 2009



## Trees for Cities

Breathing life into your neighbourhood

### Charity Family Fun Day

Sunday 16<sup>th</sup> August 2009 1 pm to 7pm in Wokingham

• Bring a picnic and an open heart to help us raise money for two very worthwhile charities:

[www.italafoundation.com](http://www.italafoundation.com)

[www.treesforcities.org](http://www.treesforcities.org)

- Try Yoga, T'ai Chi & Chi Kung and learn about Homeopathy, included in the admission price;
- Help others by sharing resources. Please bring donations for the cakes & plant stalls and the raffle;
- Treat yourself to Reiki healing, Reflexology, Angel Card reading, Head Massage or a game of tennis ;
- Check your wine tasting skills to win a prize;
- Enjoy Face Painting, Painting competition, a Natural Habitat Treasure Hunt, entertainment, children's football with 'Football Adventure'. second hand clothes & other stalls.

**Admission by pre-purchased ticket only: £10 per adult, children under 16 free. For tickets and more info, contact:**

**Mary: [maryjanesingh@yahoo.co.uk](mailto:maryjanesingh@yahoo.co.uk) or 07770 673450**

**Heather: [heather@omtropy.com](mailto:heather@omtropy.com) or Tony: 07711 845298**