



Heart & Soul

The Village Hall, Church Road, off Station Road, Sunningdale SL5 0NJ

7.30 for 8.00pm

A place to meet with like-minded people to listen to a diverse array of speakers and learn about new and inspirational subjects that help us grow and develop.

We meet one Thursday a month and you would be very welcome to join us. The evening costs £8.00 and this includes refreshments.

Programme 2011

Thursday 13th Oct

Indigo & Crystal Adults: Realising Your Potential

Melanie Diamond

Are you an Indigo, or a Crystal?

Do you have a deep sense of frustration at current social 'norms' (schooling, employment, the traditional view of marriage etc), struggling through them but always wondering why it wasn't fulfilling? Do you feel like the 'black sheep' of the family? Do you feel like an old soul far from home? Do you have a strong sense that you are here on 'assignment' - a sense that you have a mission to fulfill? Does your intuition run deep? These are a few typical traits of Indigo and Crystal souls. If this resonates with you, then this talk is a must!

Thursday 10th Nov

The Art and Science of Light Bulb Moments with Tom Evans

Most people think moments of incredible inspiration happen randomly, but that's not the case!

It is possible to cultivate the circumstances in which moments of intense creativity are highly likely to occur. Learn how from Tom Evans, author of the Art and Science of Light Bulb Moments

It's an interactive, educational and entertaining guide on how to have great ideas on demand ... and how to stop them from getting away, via a set of simple, elegant and thought provoking techniques, Tom will help you unleash the untapped creativity inside you.

You might just leave this talk with an idea that will change your life and your world!

Tom is an author, writer's & author's unblocker and technophile who specialises in helping people and businesses tap into their Creative Muse.

A student of both the esoteric and exoteric and has been called, by others, the wizard of light bulb moments, a seer and healer.

Via a set of simple, elegant and thought provoking techniques, Tom will breathe life into your world and help unleash the untapped creativity inside you

"I come with a caveat - only work with me if you want magic to come into your life."

Thursday 22nd Dec

Christmas Cheer and Conscious Carols with Anne Malone - £10 - To book your ticket -

<http://consciouschristmascarolconcert.eventbrite.com>

www.facebook.com/HEARTANDSOULEVENTS

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