



## **Keith Ellis - Acupuncturist, Reflexologist, Masseur, Reiki Healer.**

Keith Ellis achieved a distinction in acupuncture at the body harmonics college in 2008. He is also qualified in ITEC Holistic Massage, ITEC Reflexology and is a Reiki Healer.

Keith has always had an interest in how the body works and ancient forms of healing. His studies and journey as a healer started at night school in 1996 studying massage and anatomy. He then qualified as a Reflexologist and Reiki healer. For the next 5 years he studied post graduate reflexology courses which included occipital zones in Reflexology, Cranio – Sacral Therapy in Reflexology, Meridians and Balancing. During this study time he also worked as a Reflexologist and Masseur in The Clinic of Natural Therapies. In 2003 his quest for acquiring more knowledge of alternative healing led him to study Acupuncture at The College of integrated Chinese Medicine. His studies there included Five Element Acupuncture and TCM Acupuncture. His latest personal professional developments in alternative medicine include certificates in Painkilling by Subcutaneous Acupuncture and Patented Chinese Herbal Remedies.

The first treatment will include a consultation where Keith asks you a series of questions looks at your tongue and takes your pulse to establish the best treatment for you. The treatments then focus on your presenting symptoms and your constitution to strengthen you from within whilst treating the main complaint.

Keith usually combines therapies like Acupuncture and Reiki or Reflexology and Reiki to enhance the treatment you receive and give a balanced treatment. The number of treatments required to bring back harmony and health will depend on the severity of your problems, how long you've had them and your constitution.

Presently Keith works in the clinic of Natural therapies and from his own private treatment room in his home in Surrey.

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