



# Go With The Flow

Hip Opening Workshop

River Bourne Club

Heriot Road, Chertsey, KT16 9DR

Sunday 17<sup>th</sup> August 2014

14:15 to 17:15

**£23 for River Bourne members, £30 non-members**

Confirmation of payment received and place booked:

Signature:

On behalf of Omtropy

Date:

Please remember to arrive early to enable a prompt start and **bring a Yoga mat** if you have one together with blanket and cushion. For more information go to [www.omtropy.com](http://www.omtropy.com), email Heather at [heather@omtropy.com](mailto:heather@omtropy.com) or ring 01784 492500

Booking details:

	No of tickets	Price	Total
River Bourne Member		£23	
Non-member		£30	
<b>Total</b>			

Name:

Phone no:

email:

Yoga Alliance UK Member ? Yes/No (delete as applicable)

Cheques to be made payable to Heather George and sent to:  
139 Waters Drive, Staines-upon-Thames, Middlesex, TW18 4RP