



**NEW CLASS! NEW CLASS!**

## **Pre-natal Yoga class**

A class SPECIFICALLY for expectant mums!

2pm – 2.45pm  
Tuesdays  
With  
Heather

Due to the nature of this class we will be offering Customers the opportunity to book this as a 6 week course

Members - £16.20

Non-members - £32.40

(Classes will run at Spelthorne Leisure Centre from Tuesday 24<sup>th</sup> Jan)